

SAINT AUGUSTINE CHAPEL

12083 Smiths Neck Road Carrollton, VA 23314

Roman Catholic ✠ Traditional Latin Mass

Father Daniel Ahern 757-357-5213



February 21, 2021

First Sunday of Lent

Provisional Schedule for Lent etc. 2021

Feb 24, 26,27	Ember Wed & Sat - partial abstinence for all. Fri - complete abstinence for all
Fri Feb 26	Stations 7:00 PM
Sun Feb 28	Holy Hour 9:30 am
Fri Mar 5	Mass 11:00 am Stations 7:00 PM
Sat Mar 6	Mass 8:00 am
Sun Mar 7	Mass, Stations 9:30 am; Conf 8:45
Fri Mar 12	Stations 7:00 PM
Sun Mar 14	(time change) Holy Hour 9:30 am
Fri Mar 19	Stations 7:00 PM
Sat Mar 20	Day of Devotion 8:30 am - 3:30 PM, including Mass & confessions
Sun Mar 21	Mass 9:30 am Passion Sunday; Confessions 8:45
Sun Mar 28	Holy Hour 9:30 am Palm Sunday
Holy Thu Apr 1	Mass 5:30 PM; Adoration through night
Good Fri Apr 2	Mass of Pre-Sanctified & Tre Ore Noon - 3:00 PM
Holy Saturday Apr 3	Blessing of Fire & Easter Vigil - 6:15 am
Easter Sun Apr 4	Mass 7:15 am & 9:30 am
Low Sunday Apr 11	Holy Hour 9:30 am

First Sunday of Lent

The Second Epistle of St. Paul to the Corinthians, vi. 1-10. *Brethren:* We do exhort you, that you receive not the grace of God in vain: for he saith: In an accepted time have I heard thee: and in the day of salvation have I helped thee. Behold, now is the acceptable time: behold, now is the day of salvation;...

The Holy Gospel of Jesus Christ, According to St. Matthew, iv. 1-11. At that time: Jesus was led by the spirit into the desert, to be tempted by the devil. And when He had fasted forty days and forty nights, afterwards He was hungry..

Our Saviour was led by the Holy Ghost into the desert there to prepare by fasting forty days and nights for His holy ministry. Here the tempter approaches and seeks to betray Him. After He had overcome the Evil One, angels came and ministered to Him: by which we learn that they who overcome temptations enjoy the consolation and assistance of the angels. This should encourage us to combat joyfully to the end.

What is temptation?

Temptation is an **inducement** to transgress the commandments of God. Temptation comes from our own concupiscence (James i. 14); "for the flesh lusteth against the spirit" (Gal. v. 17.)

How does the devil tempt us?

He **moves** the natural concupiscence to such sins as he sees men particularly inclined to, and then **deceives** and confuses the man's mind, that he may not see clearly either the temporal loss, or the dishonor and danger of sin. He can, however, do nothing but what God permits. St. Augustine therefore compares him to a **chained dog** that can hurt only those who put themselves within his reach.

Does God also tempt us?

St. James says (i. 13), "Let no man, when he is tempted, say that he is tempted by God; for God is not a tempter of evils, and He tempteth no man." But He **allows** us to be tempted, sending us manifold trials.

Does God permit us to be tempted beyond our strength?

No; for He combats with us, and gives us always as much strength as is required to conquer temptations, and even to gain advantage from them (I. Cor. x. 13).

When do we consent to temptation?

When we decide of our own free **will to do the evil** proposed; as long as we resist, however little, we do not consent.

What are the best means to overcome temptation?

1. Humility and **prayer**. 2. The consideration of the **suffering** which follows sin, and of the happiness which awaits those who resist temptation. 3. Invoking the aid of the **Blessed Virgin**, our guardian angel, and all the saints. 4. Praying devoutly, "Lead us not into temptation," and calling on the holy name of **Jesus**.

Alms Project: To assist seminarians.

Contribution letters: If you would like one for 2020, please contact Father.

Day of Devotion, Sat Mar, 20: Schedule of Mass, confessions, Stations, Rosary, conference, reading at meals. Also ceremony prep, veiling of images, cleanup, etc. A family day of recollection praying & working together. (If difficult weather, may end around 1:00 PM). Please reserve the date & sign up.

Lenten Fast Rules - These apply to those between 21 and 59 years of age. One ordinary sized main meal is permitted each day. There may be two lesser meatless meals which do not add up to a main meal. Meat may be eaten at the main meal except on days of abstinence. There may be no snacking between meals, but beverages may be taken at any time.