

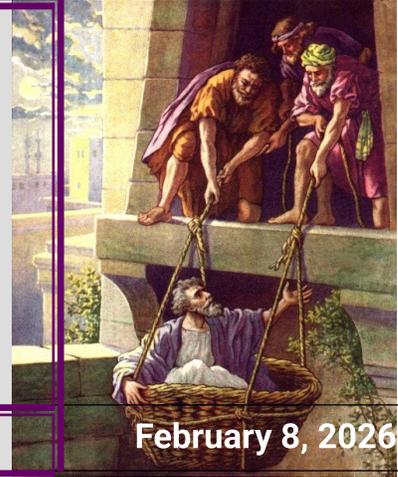
# Saint Augustine Chapel

12083 Smiths Neck Road Carrollton, VA 23314 Daylight

Roman Catholic ☒ Traditional Latin Mass

StAugustineChapel.org

Father Daniel Ahern 757-357-5213



February 8, 2026

## Sexagesima Sunday; St. John of Matha C

### Provisional Schedule for Feb – Apr 2026

Sun Feb 15	Holy Hour 9:30 am
Wed Feb 18	Ash Wednesday – Fast & Total Abstinence
Fri Feb 20	Mass & Stations – 11:30 am
Sat Feb 21	Mass – 8:00 am; Stations 4:00 PM
Sun Feb 22	<b>Mass 9:30 am</b> ; Stations & Ashes
Sun Mar 1	Holy Hour 9:30 am
Fri Mar 6	Mass & Stations – 11:30 am
Sat Mar 7	Mass – 8:00 am; Stations 4:00 PM
Sun Mar 8	Mass 9:30 am ( <i>Time change to Daylight</i> )
Sun Mar 15	Holy Hour 9:30 am
Fri Mar 20	Mass & Stations – 11:30 am
Sat Mar 21	Mass – 9:00 am; Day of Recollection through 3:00 PM (visiting )priest
Sun Mar 22	Mass 9:30 am
Sun Mar 29	Holy Hour 9:30 am
Wed Apr 1	Spy Wednesday
Thu Apr 2	Holy Thursday 5:00 PM Mass; Adoration through night
Fri Apr 3	Good Friday Mass of Presanctified & Tre Ore Noon – 3:00 PM
Sat Apr 4	Holy Saturday – Easter Vigil 6:15 am
Sun Apr 5	Easter Mass 9:00 am
Sun Apr 12	Holy Hour 9:30 am
Sun Apr 19	Mass 9:00 am
Sun Apr 26	Holy Hour 9:30 am

### Sexagesima

The Holy Gospel of Jesus Christ, According to St. Luke, viii. 4-15.

At that time: When a very great multitude was gathered together, and hastened out of the cities unto Him, He spoke by a similitude: The sower went out to sow his seed: and as he sowed, some fell by the way side, and it was trodden down, and the fowls of the air devoured it. ....

#### Why is the word of God here compared to seed?

Because as good fruits spring from good seed, so do good works from the word of God; and as it is impossible for any soil not

sown to produce good fruits, so neither can men produce the fruits of the Spirit without the seed of the divine Word.

#### Why did Our Saviour cry out, "He that hath ears to hear, let him hear"?

To declare the necessity of heeding the word of God, since without the instruction in our holy religion which we derive from that word we cannot know what we must do to please God, and save our souls.

#### How, then, does it happen that, notwithstanding the excellence of the divine word, there are so many bad Christians?

The fault is with men, who, though they hear the word of God, hear, read, and meditate superficially. The divine seed finds no moisture or root in their hearts; they are overgrown with the piercing thorns of cares, riches, and sensual lusts, so that the seed of the divine word is choked up, and can neither grow nor bear fruit.

#### What must we do before a sermon?

St. Chrysostom asks, "Who pours a precious liquid into an unclean vessel, before he has washed it?" We should, therefore, cleanse our hearts before a sermon by contrition, "for wisdom will not enter into a malicious soul" (Wis. i. 4). As the ground to be sown must first be prepared, so must our hearts be cleansed, and made ready by a holy desire of learning what is good.

#### What must we do during a sermon?

We must listen attentively and respectfully, for it is God Who speaks to us through the preacher: "He that heareth you, heareth Me" (Luke x. 16). If an ambassador reading the letters of his king is listened to with great attention, quiet, and respect, says St. Chrysostom, how much greater veneration should we not pay to the minister of God announcing His holy will? Be careful not to apply what is said in the sermon to others, but rather, "take heed to thyself" (I. Tim. iv. 16). If you are free from those sins which the sermon points at, thank God, and pray that you may not fall into them.

#### What must we do after a sermon?

We must endeavor to practice what we have heard; for God justifies, not the hearers of the law, but only the doers (Rom. ii. 13) of it.

**Lenten Fast Rules** - These apply to those between 21 and 59 years of age. One ordinary sized main meal is permitted each day. There may be two lesser meatless meals which do not add up to a main meal. Meat may be eaten at the main meal except on days of abstinence. There may be no snacking between meals, but beverages may be taken at any time.